

The Sport Service of the Campus Universitario Duques de Soria **promotes the practice of physical and sport activities among the University Community**; the university context presents a group of characteristics that offer privileged opportunities for this sport practice. Because of the age of the University Community (with approximately 95% of population younger than 40 years old), this sector is really interested in the sport practice and it is very sensitive with the programs developed in the Sport Service.

The **sport offer** of activities offered in the Campus Universitario Duques de Soria can be divided in competitive activities, physical activity courses and punctual physical and sportive events.

Recreational and competitive activities are developed around two basic axis, the Trofeo Rector (Vice-chancellor Trophy), which is disputed along the first four-month period, and the Trofeo Campus de Soria (Campus de Soria Trophy), which takes place along the second four-month period. The Trofeo Rector is disputed between the centers of the Campus de Soria, whose winners will arrive to the District stage. They will play with the rest of winners of the Inter-centers stages in the Campus of the Universidad de Valladolid. The District stage winners represent the Universidad de Valladolid in the Trofeo Rector of Castilla y Leon, that is the insignia competition in the regional university circle. The Trofeo Campus de Soria let to continue with the competitive activity during the second academic four-month. Competitions are disputed with rule adaptations and with more recreational and sportive content in search of as much participation as possible. All the competitive activity is disputed in the Local Sport Installations, by virtue of the Agreement between the UVA and the Ayuntamiento de Soria.

Physical activities courses are directed at physical welfare, health and spare time. The University Community can profit from these courses thanks to the agreements with several gymnasiums and fitness centers of the city. They are developed in two phases: the two academic four-months. The courses include music-based activities (Aerobic, Step, Indoor Cycling, Latin rhythms, etc.), fitness (Strength Building, GAP, Muscle Toning, etc.); activities related to the binomial body and mind or Wellness (Yoga, Pilates, etc.); fight activities (kick-boxing, boxing); health programs (burning calories, back problems, free swimming in the local swimming-pools) and sport-based courses (Equitation, Archery, Climbing, Tennis, etc.)

As for **punctual physical and sportive events**, two main actions are developed: weeks of concentrated activity such as the Skiing Week and punctual events such as the Popular University League.

We have to emphasize the **national competitive activity**, centered on the representation of our pupils in the **University Spanish Championships**. The students of the Campus Universitario Duques de Soria have participated representing the Universidad de Valladolid in the modalities of Table Tennis, Athletics and Triathlon.

All the sportive activity that students make during the university times is considered formative value by virtue of the Spanish Organic Law on Universities; this "formative value" is concentrated in the University Students' Statute. It establishes that the sport activity during the university times will be the subject of academic recognition. Therefore, UVA's pupils who practice a sport activity in the framework of the Sport Service could recognize credits in their student record.

From the Sport Service of the Campus Universitario Duques de Soria, we are truly satisfied with the sportive participation in the University Community. Close to the 40% of students participated in some activity organized from the Sport Service the last Academic Year. We also have to take into account that the half of this percentage not only participates in only one activity, but in two or more activities along the Academic Year.